



Class Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
CIRCUITS 10:30-11:15AM Raechel		CIRCUITS 10:30-11:15AM Raechel			WOMEN BCAMP 9:00-10:00AM Kru	W/M B00TCAMP 9:00-10:00AM Nancy
	BJJ BEGINNER 12:00-1:00PM Raechel		BJJ BEGINNER 12:00-1:00PM Raechel		B.J.J KIDS 11:00-12:00PM Adrian	
					BJJ OPEN MAT 12:00-1:00pm	
M-THAI KIDS-WH 5:30-6:15 PM Kru			BJJ KIDS 5:30-6:15PM Brendan/Jarred		MUAY THAI 1:00-2:30PM Kru/Peter	
M-THAI KIDS-BL 6:15-7:00PM Kru	BJJ KIDS 6:00-7:00PM Adrian	M-THAI KIDS-BL 6:00-7:00PM Kru	M-THAI KIDS-WH 6:30-7:15PM Kru			
WOMEN BCAMP 6:30- 7:30PM Patt	MUAY THAI 7:15-8:30 PM Kru	WOMEN BCAMP 6:30- 7:30PM Patt	MUAY THAI 7:30-8:45 PM Kru			
BJJ ADULTS 7:30-830PM Adrian	W/M B00TCAMP 8:30-9:30PM Nancy	BJJ ADULTS 7:30-8:30PM Adrian	W/M B00TCAMP 8:30-930PM Nancy	MUAY THAI 6:30- 7:30PM Peter		
MUAY THAI 7:45 -9:00PM Andrew		MUAY THAI 7:45- 9:00PM Andrew		BJJ ADULTS 7:30- 8:30PM Adrian		